



July 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	9	10	11
14 10:45 – 11:15AM PreCanSkate 10:45 – 11:30AM CanSkate 10:45 – 11:30AM U7 Power 11:15AM – 12:15PM STARGroup / STARSkate / Adult 12:15 – 1:15PM U9/U11/U13 Power	15 10:45 – 11:15AM PreCanSkate 10:45 – 11:30AM CanSkate 10:45 – 11:30AM U7 Power 11:15AM – 12:15PM STARGroup / STARSkate / Adult 12:15 – 1:15PM U9/U11/U13 Power	16 10:45 – 11:15AM PreCanSkate 10:45 – 11:30AM CanSkate 10:45 – 11:30AM U7 Power 11:15AM – 12:15PM STARGroup / STARSkate / Adult 12:15 – 1:15PM U9/U11/U13 Power	17 10:45 – 11:15AM PreCanSkate 10:45 – 11:30AM CanSkate 10:45 – 11:30AM U7 Power 11:15AM – 12:15PM STARGroup / STARSkate / Adult 12:15 – 1:15PM U9/U11/U13 Power	18
WEEK 1 (4 classes)				
21 3:45 – 4:15PM PreCanSkate 3:45 – 4:30PM CanSkate 3:45 – 4:30PM U7 Power 4:15– 5:15PM STARGroup / STARSkate / Adult 5:15 – 6:15PM U9/U11/U13 Power	22 3:45 – 4:15PM PreCanSkate 3:45 – 4:30PM CanSkate 3:45 – 4:30PM U7 Power 4:15– 5:15PM STARGroup / STARSkate / Adult 5:15 – 6:15PM U9/U11/U13 Power	23 3:45 – 4:15PM PreCanSkate 3:45 – 4:30PM CanSkate 3:45 – 4:30PM U7 Power 4:15– 5:15PM STARGroup / STARSkate / Adult 5:15 – 6:15PM U9/U11/U13 Power	24 3:45 – 4:15PM PreCanSkate 3:45 – 4:30PM CanSkate 3:45 – 4:30PM U7 Power 4:15– 5:15PM STARGroup / STARSkate / Adult 5:15 – 6:15PM U9/U11/U13 Power	25 3:45 – 4:15PM PreCanSkate 3:45 – 4:30PM CanSkate 3:45 – 4:30PM U7 Power 4:15– 5:15PM STARGroup / STARSkate / Adult 5:15 – 6:15PM U9/U11/U13 Power
WEEK 2 (5 classes)				
28	29	30	31	



August 2025

Monday	Tuesday	Wednesday	Thursday	Friday
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
6:15 – 7 PM U7 – U9 Power	6:15 – 7 PM U7 – U9 Power	6:15 – 7 PM U7 – U9 Power	6:15 – 7 PM U7 – U9 Power	
6:45 – 7:45PM U11 - U13 Power	6:45 – 7:45PM U11 - U13 Power	6:45 – 7:45PM U11 - U13 Power	6:45 – 7:45PM U11 - U13 Power	
WEEK 3 (4 classes)				
25	26	27	28	29
2:15 – 3PM U7 – U9 Power	2:15 – 3PM U7 – U9 Power	2:15 – 3PM U7 – U9 Power	2:15 – 3PM U7 – U9 Power	
2:45 – 3:45PM U11 - U13 Power	2:45 – 3:45PM U11 - U13 Power	2:45 – 3:45PM U11 - U13 Power	2:45 – 3:45PM U11 - U13 Power	
WEEK 4 (4 classes)				